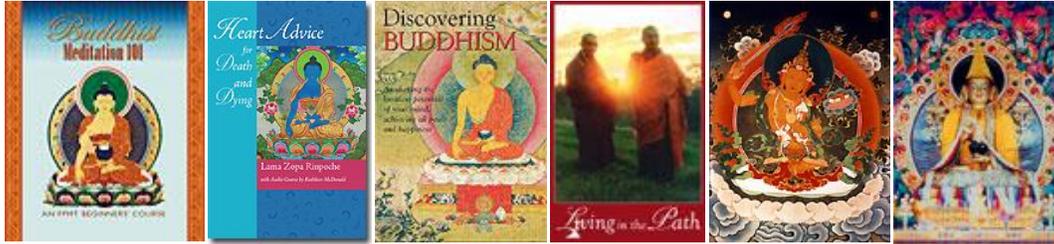


FPMT Education Services: Published Materials

FPMT Education Services is the education department of FPMT International Office and develops education programs, prayer and practice materials, translations and trainings designed to foster an integration of four broad education areas: study, practice, service and behavior. These programs and materials are available through the [FPMT Foundation Store](#), the [Online Learning Center](#) and [FPMT centers](#) worldwide.

Programs



“I’m very happy with the way the organization is going now with education.”

– Lama Zopa Rinpoche

The importance of formal, concentrated study cannot be underestimated in the context of an integrated Buddhist education. From introductory through advanced level, FPMT education programs give framework to what Lama Yeshe called “FPMT Wisdom Culture.”

FPMT Center, Homestudy, and Online Programs provide everything needed to learn, practice, and fully realize the Buddha’s teachings.

We have [compiled a listing of all Education Programs](#) including details for homestudy and center-facilitated opportunities.

Online Learning

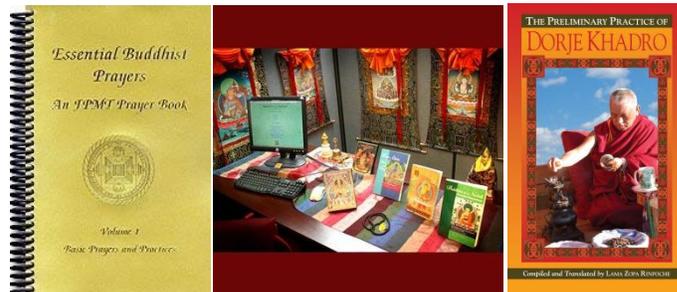


“So deeply from my heart, with palms together, I sincerely request all of you please to study and meditate as much as you can. But don’t only study for intellectual understanding, but as much as you possibly can, study to put the Dharma into practice in your daily life.”

– Lama Zopa Rinpoche

The [FPMT Online Learning Center](#) currently offers FPMT Education courses and media resources ranging in level from beginner to advanced, and philosophical to practice-oriented. The enrollment keys for individual courses are available through the FPMT Foundation Store. Additionally, you may access the Online Learning Center at various levels of involvement by becoming a [Friend of FPMT](#).

Prayer Books , Practice Materials, Meditations

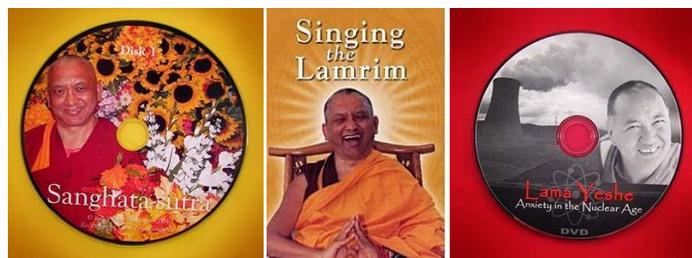


“So definitely now you have to make preparation for the happiness of the next life and the life after that and so forth. The cause of happiness and good rebirth is through Dharma, and good karma, pure morality. Therefore, you have to practice Dharma and for this you have to learn Dharma.”

– Lama Zopa Rinpoche

The FPMT Foundation Store [offers a variety](#) of FPMT prayer books, Buddhist practices and meditations, retreat materials, and Tibetan texts available for purchase. These materials, available in [hardcopy](#) and as [eBooks and downloads](#), provide support for all levels of Buddhist practice. Many students find that our eBook materials, which afford students the ease of accessing our materials on their Kindle, iPad or other portable electronic devices, is the most cost effective way to engage with FPMT study and practices.

Audio and Video



“Each time you hear it, how much merit do you collect? First of all, one buddha has completed the merit of wisdom and the merit of virtue – there is nothing more to collect...and then how many buddhas? The number of buddhas equaling the number of sands of grain in the Ganga River times twelve.”

– Lama Zopa Rinpoche on the benefits of hearing the Sanghata Sutra

FPMT Education produces [DVDs](#), [CDs](#) and [MP3 discs](#) and downloadable MP3s of prayers, sutra recitations, guided meditations and practices by led by Tibetan Lamas and senior Western teachers. Downloadable MP3s

Children’s Materials



“By teaching children to have a good heart and be kind to others, they grow up to be very good human beings. With this good heart, they can benefit others so much. Their hearts become good, tolerant, and kind. There is less negative karma in their lives and also less harm to others, which means that other sentient beings receive peace and happiness from your child.”

– Lama Zopa Rinpoche

FPMT Education offers a range of [materials for children](#), including meditation guides, books, plays, and tools for liberating insects from danger! We also provide books to guide adults in nourishing spiritual development in children.

Buddhist Images, Stickers, Cards, etc.



“Every time you look at holy objects—pictures of the Buddha, statues, scriptures, stupas—they plant the seed of liberation and enlightenment in your mental continuum.”

– Lama Zopa Rinpoche

To support the practice of FPMT students, FPMT Education Services produces [altar cards](#), [mantra cards](#), [stickers](#), [protection cards](#) and many other items.

www.fpmt.org/education