

The Benefits of Wish-Granting Wheel Mantra

From the text *Giving Breath to the Wretched*:

In the text *The Detailed Prayer of Buddha Dönzhag* it is stated:

If one recites OM PÄDMO USHNISHA VIMALE HUM PHAT seven times, then blows on clean sand and throws it over the bones, the burnt corpse or whatever part of any deceased sentient being who has accumulated karma to be reborn in the hells, or of any fully ordained monk who lost his ordination or broke the branches of the precepts, the basic moral conduct, or who had not respected his abbot or his main teacher, immediately after the sand has been strewn on the body, even if that being has become a hell being, preta, cannibal, or raksha, right in that moment the being's life changes, and he is reborn in the higher realms, never in the hells.

If one recites this mantra OM PÄDMO USHNISHA VIMALE HUM PHAT (Buddha Pema Tsugtor's mantra) seven times each day with the thought to benefit others, one receives the opportunity, when death happens, to be reborn in the pure realm. By reciting this mantra and blowing on, blessing, beverages, incense, perfume, clothing – anything that can apply to other sentient beings or that they can drink or smell or touch – it becomes purification and purifies negative karma, obscuration. Recite the mantra and blow on the incense and then burn it and the smoke purifies other sentient beings. Everybody who smells it has their negative karma purified and even epidemic diseases are healed. It helps to achieve the complete qualities of a buddha. If you recite this mantra and blow upon clothing and incense or anything, it purifies yourself and other sentient beings. If you recite this mantra and bless the clothing you wear by blowing on it, then your clothing becomes healing and also especially it helps to purify the mind. Here the healing comes through purifying the other sentient beings' negative karma, through purifying their mind, which is the most important healing. Purifying the mind then helps to heal any sickness. By reciting this mantra and blowing on the clothes that sick people wear, even that helps the person to be liberated from the sickness or from the spirit harms or pollutions.

If you recite this mantra and blow it upon sand and throw that on a dead body, even if that person had broken vows and has been reborn in lower realms, their life is changed and they are reborn in higher realms. If one has taken precepts, whether lay precepts or those of a monk or nun, and has then broke the vow, this mantra is also very powerful to purify the broken vows.

I think this mantra is from the *Ten Thousand Bhumi Wheel Sutra*. This mantra is put on doors so that people or any beings – cats, dogs, ants, anyone – who pass under it are purified and are not reborn in the lower realms. Each time one passes under it, 1,000 eons of one's negative karma is purified. In Tibet, when people die, this mantra is written on a piece of paper that is touched to the dead body. It purifies and prevents rebirth in the lower realms.

Remembering this mantra just one time has the power to purify even the five uninterrupted negative karmas. It prevents rebirth in states of unbearable suffering, the heaviest level of the hells; for eons and eons one does not have to be reborn in the state of unbearable suffering. One finishes all obscurations and negative karmas and is never reborn in the lower realms. It enables

one to remember past lives and to see future lives. Reciting this mantra seven times each day accumulates unbelievable merits, equivalent to the merit of making offerings to the number of buddhas equal to all the grains of sand in the Ganges River. In the next life one is reborn in the pure realm and can achieve hundreds of concentrations.